

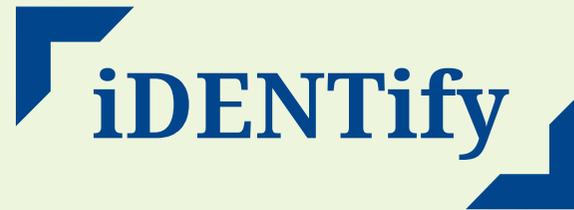
Funding

This project is funded by an unrestricted grant from Colgate-Palmolive Pty Ltd.

Feedback and study results

A summary of the study results will be available for you via email at the completion of the study. Please indicate on the consent form if you would like to receive feedback on the outcomes on the study.

Melbourne Dental School in partnership with:



Further Information

If you have any questions about this study or would like additional information contact:

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Please also visit the study website:

<https://identify-diabetes.org/>

Identification of type 2 diabetes
& pre-diabetes in the oral healthcare
setting

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**INFORMATION FOR
ORAL HEALTHCARE
PATIENTS**



For further information:
<https://identify-diabetes.org/>

Introduction to the study

Type 2 diabetes is the most common form of diabetes, occurring in more than 85% of people with diabetes. Early diagnosis and treatment of this disease is critical to improving health outcomes. Type 2 diabetes has also been associated with a number of oral complications. The Melbourne Dental School (MDS) in collaboration with the Melbourne Medical School at The University of Melbourne, eViDent Foundation and Australian Dental Association, Victoria Branch (ADAVB) are conducting an important study (iDENTify) to investigate screening for type 2 diabetes in private oral healthcare settings.

Aim of study

iDENTify aims to investigate if screening for type 2 diabetes in private oral healthcare settings, using the diabetes risk questionnaire, will improve identification of asymptomatic individuals with undiagnosed type 2 diabetes or pre-diabetes.

What would be expected of you?

Should you agree to participate in this study, you would be asked to contribute in four ways:

- a. Complete a questionnaire to assess your risk.** Firstly, you will be asked to complete the Australian Type 2 Diabetes Risk Assessment Tool (AUSDRISK) and a demographic questionnaire. This will take approximately 3 to 5 minutes.
- b. Participate in a dental examination.** Patients who are considered to be at increased risk of having pre-diabetes or undiagnosed diabetes will be invited to participate in a periodontal examination by their oral health professional, using standard procedures. The results of this examination will be provided to the MDS.
- c. Follow-up with a general medical practitioner (GMP).** Patients will be advised of their results immediately and given a follow-up form recommending that they speak to a GMP if they are at increased risk of having diabetes or pre-diabetes. Results from the GMP will be provided to your OHP and MDS.
- d. Participate in a completion survey.** At the end of the screening visit, participants will be invited to complete a survey to discuss issues around barriers to and benefits of the diabetes screening test.

Benefits

Your participation will help improve identification of undiagnosed type 2 diabetes and pre-diabetes and will generate evidence to influence policy and practice. Your participation is most appreciated. However, you are under no obligation to participate and there will be no financial benefit to you.

You also have the right to withdraw from this study at any stage. Refusal to participate in this study or withdrawing later, will not affect any service you may want to use from your oral healthcare provider.

Eligibility

Patients need to meet each of the following criteria to participate:

1. 35 years of age or above,
2. No existing type 2 diabetes or pre-diabetes diagnosis,
3. A new patient or attending the clinic for a new course of care.

Possible Risks

There are no potential risks/side effects associated with your participation in this study. If you have any concerns, please discuss them with your OHP and refer to the contacts listed on the provided 'Talking Diabetes' information sheets.

Privacy, confidentiality and disclosure of information

Your participation in this study is voluntary and confidential. You are free to withdraw at any stage by completing a withdrawal of consent form and returning to the iDENTify researchers. Unless otherwise requested, data collected up until the time of withdrawal will be included in the final data analysis. Your socio-demographic information is only collected once you have provided consent.

All the information collected will be confidential and subject to legal limitations. Only the research team will have access to the data. All data will be stored in a secure place at The University of Melbourne, and security passwords will be required to access electronic files. In accordance with university regulations, the data will be destroyed five years after the last publication of the research.

Ethics

This project has been approved by the Human Research Ethics Committee of the University of Melbourne (Ethics ID: 1749595)

If you have any concerns or complaints about the conduct of this research project, which you do not wish to discuss with the research team, you can contact the Manager, Human Research Ethics, Research Ethics and Integrity, The University of Melbourne, by phone +61 3 8344 2073 or email: humanethics-complaints@unimelb.edu.au. All complaints will be treated confidentially. In any correspondence please provide the name of the research team or the name or ethics ID number of the research project.